

Waterfall Run 10K
Age Group Results
June 23, 2013
A VeepRaces.com Event

Female Open Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	7	Abby Brelage	14	1	28:11.5	9:05	1	29:28.0	9:30	57:39.6	
2	9	Paula Henry	44	2	29:11.0	9:22	2	31:28.3	10:09	1:00:39.3	
3	14	Tanya Caylor	48	3	32:17.0	10:19	3	32:16.0	10:25	1:04:33.0	

Female Masters Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	15	Traci Heller	40	1	32:17.0	10:19	1	32:17.0	10:25	1:04:17.7	

Female Grand Masters Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	54	Trisha Michael	54	1	54:14.4	17:22	1	1:05:45.0	21:13	1:59:59.5	

Female 14 to 16

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	43	Megan Wietstock	16	1	38:21.5	12:22	1	46:35.7	15:02	1:24:57.2	

Female 20 to 29

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	38	Kerry Bodie	27	2	37:25.1	12:04	1	40:04.6	12:55	1:17:29.7	
2	42	Amber Tierney	24	3	37:57.2	12:15	2	45:21.0	14:38	1:23:18.2	
3	49	Sharon Christian	29	1	33:11.6	10:42	3	59:35.1	19:13	1:32:46.8	

Female 30 to 39

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	22	Minda Doering	32	1	32:06.0	10:21	1	35:49.6	11:33	1:07:55.6	
2	27	Kelly Hawkins	38	3	34:48.7	11:14	2	39:54.3	12:52	1:14:43.1	
3	29	Jen Huber	34	2	33:48.6	10:54	5	41:16.1	13:19	1:15:04.7	
4	31	Holly Heath Perfect	38	4	35:20.3	11:24	3	39:57.8	12:53	1:15:18.1	
5	37	Rachel Rayburn	31	5	36:24.0	11:45	4	40:59.0	13:13	1:17:23.0	
6	47	Kristy Lemon	39	7	44:30.5	14:21	6	46:41.7	15:04	1:31:12.2	
7	48	Christina Dauscher	33	8	44:30.8	14:21	7	46:42.1	15:04	1:31:12.9	
8	50	Patricia Fedak	30	6	38:58.1	12:34	8	55:10.6	17:48	1:34:08.7	

Female 40 to 49

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K		Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time	Pace		
1	17	Gloria Preece	46	2	35:41.2	11:31	1	29:07.2	9:24	1:04:48.4	
2	28	Robin Newhouse	45	1	34:50.8	11:14	2	40:07.0	12:56	1:14:57.8	
3	51	Kris Bohnstedt	48	3	52:23.2	16:54	3	1:05:13.9	21:02	1:57:37.2	

Male Open Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	1	Chandler Sonafrank	21	1	21:28.4	6:55	2	23:44.6	7:39	45:13.0
2	2	Tom Brennan	42	2	22:37.1	7:17	1	23:00.4	7:25	45:37.6
3	4	Adam Thada	28	3	26:44.2	8:36	3	28:04.1	9:03	54:48.3

Male Masters Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	6	Jed Pearson	62	1	27:44.8	8:56	1	29:39.3	9:34	57:24.2

Male Grand Masters Winners

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	12	Barry A Mixell	51	1	29:47.6	9:33	1	31:48.3	10:15	1:01:35.9

Male 14 to 16

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	44	Benjamin Davis	15	1	38:20.4	12:22	1	46:36.8	15:02	1:24:57.3

Male 20 to 29

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	11	Casey Morgan	27	1	29:55.1	9:39	1	31:08.3	10:03	1:01:03.4

Male 30 to 39

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	3	Steve Shulze	34	1	26:33.6	8:34	4	28:03.7	9:03	54:37.3
2	8	Rick Doering	38	4	35:07.4	11:20	1	23:17.7	7:31	58:25.1
3	10	Jeremy Nix	35	2	29:54.8	9:39	5	30:48.2	9:56	1:00:43.0
4	18	Justin Wall	36	8	41:34.2	13:25	2	24:23.1	7:52	1:05:57.4
5	24	Zach Thorn	33	9	43:35.3	14:04	3	24:54.5	8:02	1:08:29.9
6	26	Erick Rathgaber	35	6	37:10.1	11:59	6	37:25.4	12:04	1:14:35.5
7	32	Victor Bayer	36	5	36:17.4	11:42	7	39:04.4	12:36	1:15:21.8
8	46	Jeff Hetler	39	7	37:40.0	12:09	8	49:51.7	16:05	1:27:31.8

Male 40 to 49

Place	Overall		Age	1st 5K			2nd 5K		2nd 5K	Total Time
	Plc	Name		Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		
1	5	Shane Hillman	44	1	28:31.7	9:12	2	28:51.5	9:18	57:23.2
2	13	Douglas Dye	46	2	31:25.0	10:08	3	31:34.2	10:11	1:02:59.2
3	16	Dan Call	46	9	40:10.7	12:57	1	24:32.6	7:55	1:04:43.3
4	21	Tim Tappan	45	3	31:35.0	10:11	4	36:13.3	11:41	1:07:48.3
5	25	Jason Hodde	43	4	33:19.8	10:45	6	38:59.4	12:35	1:12:19.3
6	35	Ted Christensen	43	5	36:16.5	11:42	7	39:48.2	12:50	1:16:04.7
7	36	Steve Hetler	43	7	37:41.5	12:09	5	38:35.5	12:27	1:16:17.0
8	39	Douglas Preece	44	6	36:49.5	11:53	8	41:04.4	13:15	1:17:53.9
9	41	Rob Buti	49	8	37:56.5	12:14	9	45:10.8	14:34	1:23:07.3

Male 50 to 59

Place	Overall			1st 5K			2nd 5K		Total Time	
	Plc	Name	Age	Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		Pace
1	19	Thomas Corda	54	2	30:57.5	9:59	1	35:31.2	11:27	1:06:28.7
2	23	Lew Herring	54	1	30:38.0	9:53	4	37:28.9	12:05	1:08:06.9
3	30	Howard Klinger	58	4	37:52.2	12:13	2	37:13.8	12:00	1:15:06.0
4	33	Dennis Tierney	50	5	37:55.4	12:14	3	37:27.0	12:05	1:15:22.5
5	34	Perry Richard Sinn	52	3	34:19.3	11:04	5	41:22.4	13:21	1:15:41.7
6	40	Greg Kline	55	6	38:27.7	12:24	6	42:21.4	13:40	1:20:49.2
7	53	Jack Michael	58	7	52:54.7	17:04	7	1:06:41.5	21:31	1:59:36.2

Male 60 and over

Place	Overall			1st 5K			2nd 5K		Total Time	
	Plc	Name	Age	Rnk	1st 5K Time	1st 5K Pace	Rnk	2nd 5K Time		Pace
1	20	John Sites	62	1	32:45.0	10:34	1	34:55.0	11:16	1:07:40.1
2	45	Fred Ross	72	3	50:06.1	16:10	2	35:49.9	11:33	1:25:56.0
3	52	Reg Johnson	64	2	49:13.6	15:53	3	1:09:59.8	22:35	1:59:13.4